human mentality and, in an obscurer form, all consciousness that has evolved below our level. We see that in us it consists of a succession of waves of being and force, pressing from outside and rising from within, which become stuff of consciousness and formulate in a mental cognition and mentalised sensation of self and things in Time and Space.

Time presents itself to us as a flow of dynamic movement, Space as an objective field of contents for the experience of this imperfect and developing awareness. **By** immediate awareness the mental being mobile in Time lives perpetually in the present; by memory he saves a certain part of his experience of self and things from streaming away from him entirely into the past; by thought and will and action, by mind energy, life energy, body energy he utilises it for what he becomes in the present and is yet to become hereafter; the force of being in him that has made him what he is works to prolong, develop and amplify his becoming in the future.

All this insecurely held material of self-expression and experience of things, this partial knowledge accumulated in the succession of Time, is co-ordinated for him by perception, memory,

intelligence and
will to be utilised for an ever-new or
ever-repeated
becoming and for the mental, vital,
physical action
which helps him to grow into what he is
to be and
to express what he already is. The
present totality
of all this experience of consciousness
and output
of energy is co-ordinated for relation to
his being,
gathered into consistency around an
ego-sense which